

## Local Excursions

There's plenty of adventure to be had during your downtime and weekends in and around Montezuma. Please note that our schedule changes weekly due to the ever changing tides. Depending on your particular schedule, some excursions may not be possible to schedule during the week. Regardless, here's a list of excursions we can arrange for you upon request when possible:

Included For All Students:  
Montezuma Waterfall Hike

Since La Escuela Del Sol is located right at the base of the Montezuma River which leads to the spectacular Montezuma Falls, we can't pass up the opportunity to show off a little bit. We'll take every student on an easy hike to our favorite local watering hole for a rest and a quick dip. There you can swim or just sit and admire the magnificent 75 foot falls (the largest in the area). For the more daring, we'll continue through some difficult terrain to the second and third falls where we'll take the rope swing out for a twirl and maybe even do some cliff diving. It's a great time, guaranteed.

Included For 2, 3 or 4 Week Students, Your Choice Of:

Zip-Line Canopy Tour (Weekends Unless Schedule Permits Otherwise)\*\*

Your zip-lining tour will send you soaring, high above the rainforest floor for one of the biggest adrenaline rushes Costa Rica has to offer. If you keep your eyes open, chances are you'll see monkeys, exotic birds and unmatched views of the Pacific Ocean. Professional, experienced instructors will guide you safely through the exhilarating course, containing 9 cables, 3 waterfalls and 2 and a half hours of high-flying fun.

Or

Horseback Riding on Beach to El Chorro Waterfalls (Weekends Only)\*\*

Your horse will await you in downtown Montezuma where you'll begin your tour. Guides will take you along the beach and through the Nicolas Wessberg Nature Reserve. You'll ride past rivers, waterfalls and natural swimming pools formed on the beach before reaching the El Chorro Falls. There you will dismount and take some time to swim in a refreshing river, play on the beach and check out the falls in virtual privacy (aside from the curious monkeys, of course). The whole trip lasts 4 hours and includes water and a snack. No experience is necessary.

Optional Excursions We Can Arrange For You:  
Hike through Cabo Blanco National Park – \$8\*

In 1963, the nearby Cabo Blanco became the first National Park in Costa Rica. Today it boasts 1250 hectares of lush rainforest, dramatic coastline and countless species of animals and plants. Monkeys, Sloths, Toucans, Parrots and a slew of other exotic animals frolic through the forest and fly over head. Hike through the mountains, picnic by the river or stroll along the stunning beach and you'll see things your friends would never believe if you didn't have the proof on your camera.

Isla Tortuga Snorkeling Tour - \$45\*

This uninhabited island off the coast of the Nicoya Peninsula provides exquisite beauty and endless fun. You'll work on your suntan and enjoy the views from the deck of a speedboat on the way through the islands. Once you reach Tortuga, you'll disembark, grab your snorkel gear and head for the volcanic reef to hang in the crystal clear waters with some tropical fish. Afterwards, you can wade in the ocean or explore the island while your guides cook you up some fresh fish and local cuisine. But save some gas in the tank 'cause the ride back often turns into a dance party.  
SCUBA Diving at Isla Tortuga - \$100 for 1 Tank Dive/\$140 for 2 Tank Dive\*

A speedboat will take you straight from Montezuma Beach to a prime dive spot near Isla Tortuga. Visibility ranges from 30 to 80 feet!! where you may spot angel fish, sea horses, octopus, manta rays, spotted eagle rays, dolphin, whale sharks and countless tropical fish. Trip includes lunch and drinks, full diving gear and professional, English speaking, dive master instructors.

Off Shore and Deep Sea Fishing – Prices Below

Costa Rica is also the top fishing destination in all of Central America. Take a "3 hour tour" into the Pacific Ocean, cast your rod and start reeling in blue marlin, giant yellowfin tuna, roosterfish, red snapper, dorado and wahoo among others. Whatever you catch, bring on home and for a few more colones, a local chef will grill it up for a mouth watering, happy ending to a fantastic day.

-  
Off Shore

-  
Sunrise - 6:30am - 9:30am - \$220\* total for boat (up to 4 people)

-  
Sunset - 4pm - 6:30pm - \$170\* total for boat (up to 4 people)

-  
Deep Sea

-  
8am - 2pm - \$500\* total for boat (up to 4 people)

-  
6am - 4:30pm - \$750\* total for boat (up to 4 people)  
ATV Rental - \$50\* Half Day/\$70\* Full Day

Take a ride on the wild side with a Honda 4 wheeler to discover some of the more secluded pristine beaches, waterfalls and pueblos in the area. One of the better forms of transportation on the mostly bump-laden (a.k.a. adventurous) dirt roads, you can take your quad all the way to Cabo Blanco or Mal Pais and Santa Teresa for some wildlife or an afternoon surf.

Motorcycle Rental - \$35/Day;\$160/Week

Hit the same far off beaches on 2 less wheels.

Bicycle Rental - \$15/Day;\$75/Week

Take a bumpy ride for some snorkeling at Las Manchas or Los Cedros beach. Stop for a rest in the beautiful Rio Lajas where natural jacuzzies form in the shallow rock bed and mini-cascades massage your shoulders from above. Or keep on keeping on to the Cabo Blanco reserve for some great exercise. If you're a mountain biker, we can recommend some trails.

\*All prices are current as of Sept 9th, 2009 but are subject to change by discretion of activity provider and seasonality. Once you apply for an excursion we will contact you with the best price possible and available dates and lock it in for you upon your approval.

\*\*Zipline and Horseback Riding excursions are guaranteed over weekends but only offered during the week if your schedule permits. Discounts or refunds will not be provided to those who choose to skip excursions.

[Click Here To Apply](#)  
[Contact Us](#)